

Recovery Residences

Diversus Health Network Request for Application (RFA)

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DIVERSUS HEALTH NETWORK Recovery Residences – Request for Application

1.1 SUMMARY

The purpose of this funding is to support rental costs for people in recovery residences who cannot afford initial rent. These funds are to support Colorado residents who are in recovery from a substance use disorder who temporarily are unable to afford the rent costs associated with living in a recovery residence located in Colorado. While most people can pay for their rent at such recovery residences, this program aims to support those for whom rent is a temporary barrier to entry.

1.2 ACRONYMS & DEFINITIONS

RFA – Request for Application

Application – A complete and appropriately submitted response to the RFA

Standard – A rule or principle considered by an authority or by general consent as a basis of comparison or judgement; an approved model.

Peer – Someone who shares the experience of living with a psychiatric disorder and/or addiction. A Peer may have the experience either directly or as family members or significant others.

Peer Support Services – A range of activities and interactions between people who share similar experiences of being diagnosed with mental health conditions, substance use disorders, or both.

Recovery Supports – An array of services intended to manage mental health symptoms; increase housing to support recovery; reduce barriers to employment, education, and other life goals; and secure necessary social supports in their chosen community.

Recovery Residency - Any premises, place, facility, or building that provides housing accommodations for individuals with a primary diagnosis of a substance use disorder that:

- I. is free from alcohol and non-prescribed or illicit drugs;
- II. promotes independent living and life skill development; and
- III. provides structured activities and recovery support services that are primarily intended to promote recovery from substance use disorders.

Workforce Development – A combination of social services, community supports, job training, and education that positions an individual for success in the workforce.

Treatment Providers – Providers with expertise in substance use disorder care can ensure recoveryfocused attention to prevention, assessment, and treatment. These providers are licensed agencies under these rules by the Department of Human Services to provide substance use disorder treatment.

Target Population – Coloradans living with Substance Use Disorder and/or co-occurring conditions will be supported. Services are to ameliorate the increases in Co-Occurring and Substance Use Disorder needs related to the COVID-19 pandemic but are not limited to only pandemic-affected persons.

Pro-social Activities – Activities that give people in recovery access to a social group with shared goals and values. This experience contributes to a sense of belonging, fosters a sense of shared purpose, and ultimately, increases self-belief, self-confidence, and self-esteem

1.3 **PROPOSAL FORMAT**

Provider proposals must comprehensively address these items:

- Program or service description
- Needs justification
- Implementation timeline and requested term of service offering
- Location(s) that the services will be offered
 - Gender at each location
 - Number of beds at each location
- Continuum included in the service offering
- Sustainability strategy
- Budget
- Licensing/certification

1.4 PROJECT STANDARDS/REQUIREMENTS

In order to receive funding under this project, recovery residence programs must be either a chartered Oxford House or Colorado Association of Recovery Residences (CARR) certified.

Diversus Health Network intends to support rent expenses at programs that also meet the National Alliance for Recovery Residences (NARR) definitions of recovery residences, known as NARR's *4 Levels of Support*, in particular, those within the categories of Level 1 and Level 2:

1. Peer-Run

i. Most appropriate level for individuals who have established adult living skills, are able to self-regulate, and are committed to their recoveries

2. Monitored

i. Most appropriate level for individuals with some intrinsic motivation who would benefit from a nominal level of structure and support

3. Supervised

i. Most appropriate level for individuals who need higher degrees of structure and support, perhaps coming out of a stabilizing residential treatment center

4. Service Provider

i. Most appropriate level for individuals new to the recovery process and/or needing life skill development

	Peer-Run	Monitored	Supervised	Service Provider
Standards Criteria: Administration	Democratically run	House manager or senior resident	Organizational hierarchy	Overseen organizational
	Manual or P&P	Policy and Procedures		hierarchy

NARR's Recovery Residence 4 Levels of Support

			Administrative oversight for service providers	Clinical and administrative supervision
			Policy and Procedures	Policy and Procedures
			Licensing varies from state to state	Licensing varies from state to state
		House rules provide structure	Life skill	
	Drug screening	Peer run groups	development emphasis	Clinical services and programming
Standards Criteria: Services	House Meetings	Drug Screening	Clinical services utilized in outside	are provided in house
	Self-help meetings encouraged	House meetings	community	Life skill
		Involvement in self-help and/or treatment services	Service hours provided in house	development
Standards		Primarily single- family residences	Varies – all types	All types – often a step-down phase within care continuum of a
Criteria: Residence	Generally single- family residences	Possibly apartments or other dwelling types	of residential settings	May be a more institutional in environment
Standards Criteria: Staff	No paid positions within the residence Perhaps an overseeing officer	At least 1 compensated position	Facility manager Certified staff or case managers	Credentialed staff

In addition, Diversus Health Network supports NARR's National Standard – the first national quality standard for recover residence programs - and intends to hold all applicant providers to it as well. The table below outlines its domains and their associated principles and qualities in further detail.

2015 NARR National Standard

Domain	Principle	Quality Standard	

		Are guided by a mission and vision Adheres to legal and ethical codes Are financially honest and forthright Collect data for continuous quality improvement Operate with prudence Communicate rights and
	Operate with integrity	requirements before agreements are signed Promote self and peer advocacy Support housing choice
Administrative and Operational	Uphold resident rights	Protect privacy View recovery as a person-
	Are recovery-oriented	driven, holistic and lifelong process Are culturally responsive,
	Are peer staff and governed	congruent and/or competent Are peer staffed and governed
		Involve peers in governance in meaningful ways Use peer staff and resident
		leaders in meaningful ways Maintain resident and staff leadership based on recovery principles
		Create and sustain an atmosphere of recovery support Ensure staff are appropriately trained and credentialed
	Promote health	Provide support staff supervision Encourage residents to own
		their own recovery Inform residents about
Recovery Support	Provide a home	community-based supports Offer recovery support services in informal settings
	Inspire purpose	Offer recovery support services in formal settings

		Offer life skills development in
	Cultivate community	formal settings
		Offer life skills development in
		informal settings
		Provide a physically and
		emotionally safe, secure and
		respectful environment
		Are alcohol and drug-free
		environments
		Offer clinical services in
		accordance with State law
		Are cultivated through structure
		and accountability
		Promote meaningful daily
		activities
		Create a "functionally
		equivalent family"
		Foster ethical peer-based
		mutually supportive
		relationships between residents
		and/or staff
		Connect residents to the local
		recovery community
	Promote recovery	Promote home safety
Property and Architecture	Fromote recovery	Create a home-like environment
	Promote health and safety	Promote community
		Have an emergency plan
	Are good neighbors	Are compatible with the
		neighborhood
Good Neighbor		Are responsive to neighbor complaints
		Have courtesy rules

1.5 **PROGRAM OUTCOMES**

Selected provider agencies will be required to report the following participant data to Diversus Health Network on a determined basis.

- 1. Total individuals served
- 2. Percent of persons served who maintained recovery while rent support was provided
- 3. Number of persons served who attained employment leading to an end in financial support for rent

1.6 LOCATION

The services outlined in this document should be administered in any or all the following Colorado Counties: Chaffee, Custer, El Paso, Fremont, Lake, Park, and Teller.

1.7 **Non-discrimination**

All providers of services shall not discriminate against any client based on race, limited English proficiency, sex, gender identity, sexual orientation, involuntarily committed to treatment pursuant to 27-81-112 and 27-82-108 CRS, pregnancy status, use of drugs by injection, presence of co-occurring psychiatric disorders, use of prescribed psychotropic medications, use of medication for the treatment of opioid dependence, deaf or hard of hearing, HIV positive status, AIDS diagnosis, high risk behavior, aid to the needy, disabled recipient, use of drugs other than alcohol, disabled as defined by the Americans with Disabilities Act, veteran or active military, low socioeconomic status, education level, ethnicity, or source of payment in provider services under this agreement.

1.8 SUBMISSION DEADLINE & INSTRUCTIONS

Organizations interested in offering theses services must submit their proposal by email to <u>hndeliverables@diversushealth.org.</u> The project narrative must be submitted in Microsoft Word format and limited to no more than five (5) pages according to 1.1 Proposal Format.

Diversus Health Network will acknowledge receipt of each proposal. If no acknowledgement occurs, respondents to this Request for Application should resubmit their applications. The deadline for submission is no later than **08/01/2023 by 5:00 p.m.**

Diversus Health Network will begin considering requests for funding through a formal scoring process. We will begin funding successful Applications as soon as possible.

1.9 BUDGET

Diversus Health Network recognizes that this funding is only a part of the support necessary to provide the services submitted in the Application. Additional funds may be needed, including Medicaid, other governmental sources, client fees, grants, local hospital support, and other sources. Consideration for annual certifications should include in agency budgets and calculating monthly resident rates. The Budget Planning Template can be utilized to help calculate these rates (posted on website).

1.10 TERM OF AGREEMENT

Diversus Health Network seeks provider agencies who will offer or deploy the services outlined beginning as soon as possible, with optional renewals of the contract in subsequent years. This funding term will be through June 30, 2023, with possible renewals beyond this date based on available State and Federal funding sources.

1.11 CREDENTIALING

Substance Use treatment agencies licensed by the State of Colorado are required to complete a Health Network Organizational application. Non-licensed entities are also required to complete an Organizational Information application. In addition to the application, applicable insurance and certifications will be

collected. Page 8 of 8 All contractors are also required to complete the Attestation Questionnaire to verify current professional liability insurance, claims history, license sanctions, active license for the level of care being provided, NPDB status, and OIG status. All contractors are required to provide a W9 form and to complete Electronic Funds Transfer (EFT) agreements for reimbursement. All contracts between Diversus Health Network and contractors will use the name on the provided W9 form or a Trade Name registered with the Colorado Secretary of State's Office

EVALUATION & DECISION

Diversus Health Network will review all proposals upon receipt and provide responses. Failure to provide a complete set of information requested in this document may result in exclusion from consideration.

Diversus Health Network may seek clarifying information as necessary to make an informed decision either from the respondent provider or from other sources.

After selection of a provider or providers for these services, Diversus Health Network will notify remaining respondents of the decision.